

# NATIONAL COMMAND AND STAFF COLLEGE



## WOMEN IN LEADERSHIP Confidence to Succeed Module 1

4 Hours

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## MODULE 1: WOMEN IN LEADERSHIP – Confidence to Succeed

### **COURSE DESCRIPTION**

In Module 1, participants will explore the correlation between introspection, leadership fundamentals, and personal and professional success. Participants will engage in a facilitated discussion surrounding the results of their leadership self-assessment and discuss a self-resource model (Confidence Trilogy©) to build confidence. Each topic will serve as an important foundation to develop trust and respect among peers, subordinates, superiors, and the public.

### **COURSE OBJECTIVES**

The course objectives build and reflect upon all modules.

- Define introspection and perspective
- Describe success vs. intentional success

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## LEARNING ACTIVITY – Module 1

### **Discussion Board Topic:**

Discuss 3 strategies that have helped you develop your confidence. How did they help?



### **Personal Growth Notes:**

#### Confidence Trilogy

Identify an experience or inspirational story you had an emotional connection to. How did either experience help build your confidence?